

DECEMBER 2011

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<p>TO MAKE A MEAL RESERVATION AT LEAST 48 HOURS IN ADVANCE, CONTACT YOUR MEAL MANAGER. EACH MEAL COSTS THE FCDOA NUTRITION PROGRAM \$4.80, YOUR CONTRIBUTIONS PER MEAL HELPS MAKE MORE MEALS POSSIBLE.</p> <p>TO MAKE A MEAL RESERVATION AT LEAST 48 HOURS IN ADVANCE, CONTACT YOUR MEAL MANAGER. EACH MEAL COSTS THE FCDOA NUTRITION PROGRAM \$4.80, YOUR CONTRIBUTIONS PER MEAL HELPS MAKE MORE MEALS POSSIBLE</p>			<p>1 PINEAPPLE JUICE CHICKEN STEW W/PEAS & CARROTS WHITE RICE CORN MUFFIN PEACH PARFAIT 1% MILK</p>	<p>2 FRUIT AMBROSIA BEEF BURGUNDY BUTTERED NOODLES CARROTS MANDARIN ORANGES MULTI GRAIN ROLL 1% MILK</p>
<p>5 BAKED POTATO BAR TOSSED SALAD 1,000 ISLAND DRESSING CHILI CON CARNE CHEESE & BACON BITS BROCCOLI CHOPPED TOMATO 1% MILK</p>	<p>6 APPLE JUICE MEATLOAF W/GRAVY WHEAT BREAD MASHED POTATOES PEAS PEACHES 1% MILK</p>	<p>7 CHICKEN VEGETABLE SOUP TUNA SANDWICH AMERICAN CHEESE LETTUCE & TOMATO GARNISH POTATO SALAD COLE SLAW VINAIGRETTE PINEAPPLE TIDBITS 1% MILK</p>	<p>8 TROPICAL FRUIT MULTI BEAN SALAD PORK LOIN W/GRAVY MACARONI & CHEESE GREEN BEANS WHOLE WHEAT BREAD CINNAMON PEARS (COLD) 1% MILK</p>	<p>9 TOSSED SALAD ITALIAN DRESSING HOT TURKEY SANDWICH MASHED POTATOES ITALIAN MIXED VEGGIE WHEAT BREAD FRESH FRUIT 1% MILK</p>
<p>12 TOMATO JUICE 3 BEAN SALAD BEEF STROGANOFF SLICED CARROTS EGG NOODLES WHEAT BREAD APPLE SAUCE 1% MILK</p>	<p>13 CRANBERRY JUICE CHICKEN BREAST W/GRAVY MIXED VEGETABLES FRUIT COCKTAIL POTATO BREAD MASHED POTATOES 1% MILK</p>	<p>14 ITALIAN TOMATO SALAD PASTA W/MEAT SAUCE PARMESAN CHEESE GREEN BEANS FRENCH BREAD APPLE SAUCE 1% MILK</p>	<p>15 BAKED HAM CANDIED SWEET POTATOES GREEN BEAN ALMONDENE FRUIT AMBROSIA DINNER ROLL CHERRY PIE 1% MILK</p>	<p>16 CRANBERRY JUICE CHICKEN BREAST IN TOMATO PARMESAN SAUCE FETTUCINI NOODLES MIXED VEGETABLES TUSCAN BEAN SALAD WHEAT BREAD TROPICAL FRUIT 1% MILK</p>
<p>19 APPLE JUICE MEATLOAF W/GRAVY MASHED POTATOES SLICED CARROTS W/DILL MULTIGRAIN ROLL BLUEBERRY/PEAR CRISP 1% MILK</p>	<p>20 TOMATO JUICE SPLIT PEA SOUP TUNA SALAD/KAISER ROLL LETTUCE & TOMATOES ROSEY PEARS 1% MILK</p>	<p>21 PINEAPPLE JUICE BAKED CHICKEN QTR. PEAS & CARROTS RED BEANS & RICE WHEAT BREAD PEACHES 1% MILK</p>	<p>22 TOSSED SALAD RANCH DRESSING BAKED ZITI ITALIAN BREAD AUTUMN BLEND VEGGIES ORANGE SECTIONS 1% MILK</p>	<p>23 CHRISTMAS EVE HOLIDAY</p>
<p>26 CHRISTMAS DAY HOLIDAY</p>	<p>27 ORANGE JUICE BEEF HOT DOG HOT DOG ROLL MID WEST BAKED BEANS COLE SLAW PEARS 1% MILK</p>	<p>28 CRANBERRY JUICE HOT TURKEY W/GRAVY MASHED POTATOES PEAS COLD FRUIT COMPOTE WHITE BREAD 1% MILK</p>	<p>29 APPLE JUICE BEEF TIPS W/GRAVY BROWN RICE WHEAT BREAD BROCCOLI CASSEROLE SPICED APPLES 1% MILK</p>	<p>30 MEDITERRANEAN LENTIL SALAD GRAPE JUICE ROAST PORK LOIN SAUERKRAUT GREEN BEANS MACARONI & CHEESE DINNER ROLL 1% MILK</p>